Nineteenth Sunday in Ordinary Time

From the Desk of Fr. Leo

The best meal in the world will not benefit anyone if he or she is sick and cannot digest the food. No one approaches a banquet on an upset stomach for he or she knows better. Intake of food and drink will only benefit him or her when fitness is regained. Much also depends on how the food is prepared, with what ingredients and condiments, if the full benefit of the meal is to be derived from it.

Jesus our Lord, prepared the very best Food for all the children of God. It is himself in the Eucharist. He is the Bread of Life, the Food that nourishes the Christlife in us and makes it grow to maturity. But on our part, if we are to benefit from the divine Eucharistic Food, there are certain necessary preparations. If these are not present, the opposite effect can result. In the first place, no one should approach the holy table unless he or she is in the friendship of God. (Sanctifying grace). To receive the Lord in Communion while at the same time being fully aware that one has separated himself or herself from God by a serious offense against his love (grievous sin) makes one unworthy to receive holy Communion, and no one should presume to do so before being reconciled to God in the Sacrament of Penance and Reconciliation. which Christ instituted for that purpose.

A further requisite is to have the proper intention. To receive the Eucharist out of mere habit, or because the rest of the group are doing so, or to let others see what a good Christian we are, or any such banal motivation does not make our reception of Communion beneficial at all. Good motivations are: to please the Lord, to gain strength for ourselves or others, to show Christ our allegiance and love, in reparation or thanksgiving, or any such noble motive. But the liturgy itself prepares us still more for the worthy reception of the Eucharist. It invites us to participate in the entire celebration of the Paschal Mystery which first of all offers Christ to the Father and then climaxes in the Eucharistic Banquet.

The liturgy prepares us up to the very moment of receiving Communion! Together with the priest we humbly avow our unworthiness, but throw ourselves entirely on his mighty word of healing, that word which so often in the Gospels healed all manner of physical and spiritual sickness. Finally, when the celebrant shows us the bread, the sacred host, saying: "The Body of Christ" our spontaneous "Amen" takes the place of a fervent act of faith that it is Christ the Lord, and an ardent act of love welcoming him into our hearts. With such proper dispositions and preparation, the reception of the Lord in the Eucharist cannot fail to produce the effects for which it was instituted.

If we are among those who invariably come late for Sunday Mass, missing so much that is intended for our good, and also disturbing those who are trying to pay attention and to participate, then once and for all this bad habit ought to be eliminated. In most case this can be done with a bit of good will.

Fr. Leo Alban Asuncion

Mass Intentions for the Week

Tues.	August 10	11:00AM
Special Intentions		
Wed.	August 11	11:00AM
Special Intentions		
Thur.	August 12	11:00AM
Special Intentions		
Fri.	August 13	11:00AM
Special Intentions		
<u>Sat.</u>	August 14	4:30PM
Special Intentions		
Sun.	August 15	9:00AM
People of the Parish		

<u>Port Costa</u>	11:00AM
Special Intentions	

Sunday Collection - August 1

St. Rose, Crockett	\$N/A
St. Patrick Mission, Port Costa	\$N/A

Thank you again to all who support our Parish!

Current Mass Protocol

We are all excited as the State of California has lifted the color tier system!

Our Churches no longer have government-restrictions on capacity, and many of the practices we have come to see as normal are ending. With this in mind though we must remember that we still need to do our part to keep everyone safe.

- Fully vaccinated persons no longer need to wear masks; and no one is required to wear masks outdoors.
- Social distancing is not required, though we do ask to keep others in mind as we work our way back to "normal."
- Although the Diocese has okayed the use of worship aids, such as the missalettes, it is still recommended to stick to single use items. As there is no good way to clean the missalettes and prayer cards without wearing them down St. Rose/St. Patrick will not be setting these back out just yet.
- The Sign of Peace will still be without physical contact.

The Oakland Dioceses is still following the recommendations of the CDC and Contra Costa Health Services. For a letter from the Bishop, and a full list of the updated guidelines regarding the Oakland Diocese, please visit:

https://www.oakdiocese.org/news/message-frombishop-barber-concerning-june-15-2021-covid-19updates-eng-esp

While the Oakland Diocese and State of California still hold that vaccinated persons do not have to wear masks inside, Contra Costa County recommend masking indoors for everyone as a precaution against increased circulation of COVID-19.



July Financial Outlook

St. Rose Expense:

ense:	
Priest Salary	\$2556.36
Secretary Wages	\$1712.29
Priest Food Reimbursement	\$475.21
PG&E Classrooms	\$321.10
PG&E Church/Rectory	\$656.30
Comcast	\$248.72
Garbage	\$279.96
EBMUD	\$116.48
Health Insurance	\$1129.99
EDD	\$118.69
IRS	\$1098.30
Liability	\$1919.70
Workers Comp	\$138.00
Unemployment Comp	\$157.41
Employer Lay Pension Plan	\$512.99
Envelope Service	\$125.24
Flowers Confirmation	\$43.83
Total	\$11,610.57

Income:

Fotal	\$13,075.00
Diocesan Interest	\$821.00
Bi-Annual Reimb from St. Patrick	\$1500.00
Facility Use (Little Roses)	\$660.00
Facility Use (Lot) June, July, Aug	\$900.00
CCD Envelope	\$220.00
Maintenance	\$412.00
Donations	\$415.00
Sunday's Plate	\$8147.00

St. Patrick Mission

Expense:	
PG&E	\$24.86
Pest Control	\$158.00
Bi-Annual Reimb to St. Rose	\$1500.00
Deposit Slips	\$57.40
<u>Total:</u>	\$1740.26
Income:	
Sundays Plate	\$1403.00
Maintenance	\$65.00
CCD Envelope	\$25.00
Donations	\$50.00
Total	<u>\$1543.00</u>